



THE UNIVERSITY OF THE THIRD AGE

## **U3A Wonthaggi Inc.**

### **2022 Courses**

#### **Term 3 - Courses with vacancies**

11 July to 16 September

#### **U3A Wonthaggi Inc. Contact Details**

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## Environmental

224ENV01: Electricity

Type: Thursday

Dates: 03/02/2022 - 24/11/2022

Frequency: Weekly, Thu 9:30 - 11:00

Location: Garden Room 239 White Road Wonthaggi

Active Tutor/Member: Werner Theinert

This course explains how our electrical power system works, in a simple and easily understandable way. Along the way, it takes a look at the history of electricity, the

current situation with our ageing power grid, and the potential future of our electrical power systems – the impending revolution in energy.

222ENV01: Garden Club

Type: Tuesday

Dates: 01/02/2022 - 29/11/2022

Frequency: Weekly, Tue 9:30 - 11:00

Location: Garden Room 239 White Road Wonthaggi

Active Tutor/Member: Lorraine Carroll

After gardening at home it is great to sit and chat with others about it all. There is always something happening in our gardens to share and new and old gardening tips to pass around. Our group watches DVDs to see how its done and swaps plants and produce. We occasionally visit gardens.

## Exercise and Activity

225EXC03: Tai Chi

Type: Friday

Dates: 04/02/2022 - 28/11/2022

Frequency: Weekly, Fri 9:30 - 10:30

Location: Goat Island 18 Boundary Road Wonthaggi

Active Tutor/Member: Mary Schooneveldt

Tai chi is a gentle but therapeutic form of exercise, based in Chinese traditions. Involving slow movements and deep breaths, it has many physical and emotional benefits. "Today, it's principally a tranquil, gentle and pleasurable means of attaining and maintaining health and harmony in mind and body, mobility, suppleness and mental alertness." Tai Chi Australia's founder and Chief Instructor, Mr Han Jin Song.

Maximum Enrolments = 12

224OUT01: Walking Group

Type: Thursday

Dates: 03/02/2022 - 28/11/2022

Frequency: Weekly, Thu 9:30 - 10:45

Location: External

Active Tutor/Member: Robert Butler

Want to trek the local byways? Our friendly band of walkers enjoys good fellowship plus the benefit of regular gentle exercise. A range of walks plus the occasional cup of coffee or tea. NOTE: Meet at U3A car park

Maximum Enrolments = 20

221EXC02: Yoga & Movement

Type: Monday

Dates: 31/01/2022 - 28/11/2022

Frequency: Weekly, Mon 11:15 - 12:15

Location: Cape Paterson Cape Paterson Road Cape Paterson

Active Tutor/Member: Dot Charles

This course blends yoga with other forms of physical activity to help combat ageing. We flex joints stretch muscles and improve coordination. Requirements: a yoga mat and a water bottle.

## Games

224OUT2: Bocce

Dates: 10/02/2022 - 24/11/2022

Location: Cape Paterson Hall, Cape Paterson Road Cape Paterson

Type: Thursday

Frequency: Fortnightly, Thu 9:30 - 11:00

Active Tutor/Member: Gary Beard

224OUT3: Bocce Class 2

Dates: 10/02/2022 - 24/11/2022

Location: Cape Paterson

Type: Thursday

Frequency: Fortnightly, Thu 14:00 - 15:30

Active Tutor/Member: John Laing

225GMS01: Bridge for Beginners

Dates: 04/03/2022 - 28/11/2022

Location: Mawson Hut 239 White Road Wonthaggi

Type: None

Frequency: Weekly, Fri 10:00 - 11:30

Active Tutor/Member: Matti Shub

We need new members ... This is an interactive class with lesson material reinforced by playing set hands that illustrate the principles. We will email out the course notes/material after each lesson. By the end of the year or earlier students should feel confident and competent to play social or entry level club bridge.

Students should obtain either one of the following as pre-reading from either Paul Lavings Bookshop [www.bridgegear.com](http://www.bridgegear.com) (new and secondhand books) or Nicks Bridge Bookshop, Sydney. [www.bridgeshop.com.au](http://www.bridgeshop.com.au)

1. Paul Marston- Introduction to Bridge, \$19.95 or for a little more his Paul Marston's Beginners Pack \$27.95
2. Ron Klinger - Bridge Basics \$14.95
3. Derrick Browne - Beginners Bridge. \$14.95

## History and Discussion

222HIS03: History of The Ottoman Empire (Mornings)

Type: Tuesday

Dates: 12/07/2022 - 20/12/2022

Frequency: Weekly, Tue 11:15 - 12:30

Location: Garden Room 239 White Road Wonthaggi

Active Tutor/Member: Bronwyn Miller

Lectures cover the 600 years of the richness and complexity of the Ottoman Empire, starting with the early years as a collection of raiders, to the zenith of its power in the 15th and 16th centuries to its ultimate collapse in the wreckage of the First World War. The story of Gallipoli resonates most with Australians. However, throughout the empire's reign there were ongoing geopolitical tensions between Turkey and its Balkan and Middle Eastern neighbours that still reverberate today.

## Language

221LAN01: French Culture and Tourism

Type: Monday

Dates: 31/01/2022 - 28/11/2022

Frequency: Weekly, Mon 14:00 - 15:30

Location: Garden Room 239 White Road Wonthaggi

Active Tutor/Member: Donald Ellsmore

This course will cover French Language, Culture and Tourism for those wishing to embark on learning a new language or improving basic French language skills, supplemented by virtual excursions into French culture and tourism.

223LAN03: Italian Conversation Study Group

Type: Wednesday

Dates: 02/02/2022 - 28/11/2022

Frequency: Weekly, Wed 13:45 - 15:30

Location: Mawson Hut 239 White Road Wonthaggi

Active Tutor/Member: Maggie Harriss

Practice speaking Italian in a supportive environment. Add knowledge, vocabulary and grammar in specific contexts. Maggie will assist you to source an Italian reference dictionary with verbs and grammar.

None.

224LAN01: Japanese-Beginners

Type: Thursday

Dates: 03/02/2022 - 28/11/2022

Frequency: Weekly, Thu 10:00 - 11:30

Location: Mawson Hut 239 White Road Wonthaggi

Active Tutor/Member: Joan Hindle

223LAN04: Spanish for Beginners and Travellers

Type: Wednesday

Dates: 02/02/2022 - 30/11/2022

Frequency: Weekly, Wed 9:30 - 11:00

Location: Garden Room 239 White Road Wonthaggi

Active Tutor/Member: Rita Espinoza

Rita an experienced language tutor will introduce you to the second-most widely spoken language in the world (after Mandarin Chinese), with 400 million native speakers, and official status in a staggering 21 countries, spanning South, Central and North America, as well as Africa and Europe.

## Learning - various

225LEA02: Current Affairs

Type: Friday

Dates: 04/02/2022 - 28/11/2022

Frequency: Weekly, Fri 9:30 - 11:00

Location: Garden Room 239 White Road Wonthaggi

Active Tutor/Member: Glenn Cant

This is an open forum in which members attending are free to listen or to express personal opinions on topics selected from local, national and international news media.

## Music and Performance

225MUS02: Choir - Let's Sing!

Type: Friday

Dates: 04/02/2022 - 28/11/2022

Frequency: Weekly, Fri 14:00 - 15:30

Location: Inverloch 4-6 The Crescent Inverloch

Active Tutor/Member: Jackie Brennan

We are a friendly group of people who just love to sing !

There are no auditions and it is an advantage to read music but not necessary .

If you would like to join us on a Friday afternoon in the Anglican Church in The Crescent ,Inverloch from 2pm -3-30pm, we would love to see you (especially if you are male !! )

223MUS01: Recorder Consort

Type: Wednesday

Dates: 02/02/2022 - 28/11/2022

Frequency: Weekly, Wed 9:30 - 11:00

Location: Mawson Hut 239 White Road Wonthaggi

Active Tutor/Member: John Bell

If you can play the recorder and would like to make music with others you will be most welcome to join our dedicated group. We perform for local nursing homes and at other venues.

Maximum Enrolments = 15

## Social Activities

226SOC02: Leisurely Lunches Type: Saturday  
Dates: 05/02/2022 - 26/11/2022 Frequency: Monthly, Sat 12:00 - 14:00  
Location: Various/Remote Active Tutor/Member: Gary Beard

Come along and join us on a gastronomic adventure across South Gippsland where we will experience a wide variety of local **produce**, **wines** and dessert **extravaganzas**. This 'pay as you go' social activity is returning by popular demand in 2020 and gives us the opportunity to visit a wide variety of restaurants, cafes and wineries across our region and enjoy the company and conversation of other members of our community.

## Words and Literature

221WDS01: Monday Book Group Type: Monday  
Dates: 31/01/2022 - 07/11/2022 Frequency: Monthly, Mon 14:00 - 16:00  
Location: Mawson Hut 239 White Road Wonthaggi Active Tutor/Member: Felicia Di Stefano

Last Monday of Month. Members are given an opportunity to select books at the start of the year. We meet to discuss the chosen book each month in a relaxed friendly atmosphere where all views and opinions are welcome

As we receive 12 books in a library book club box we can only accommodate 12 members. Initially enrolments are set to waitlisted to allow for enrolments by continuing members.

226WDS02: Saturday Book Club Type: Saturday  
Dates: 19/02/2022 - 19/11/2022 Frequency: Week 3, Sat 14:00 - 16:00  
Location: Mawson Hut 239 White Road Wonthaggi Active Tutor/Member: Helen Cole

Third Saturday of Month. We are limited to 12 members because we get our books from the library and they come in a box of 12 copies. Initially all members will be waitlisted.

Maximum Enrolments = 12.

225LEA04: Shakespeare Type: Friday  
Dates: 04/02/2022 - 28/11/2022 Frequency: Weekly, Fri 11:15 - 13:30  
Location: Garden Room 239 White Road Wonthaggi Active Tutor/Member: Lyn Street

In Term 1 2022 we will start with Richard 2nd

226WDS03: Telling Stories and Jokes Type: Saturday  
Dates: 16/07/2022 - 19/11/2022 Frequency: Weekly, Sat 10:00 - 12:00  
Location: External Active Tutor/Member: Sue Lindsay

In this class we will explore ways to tell jokes and stories using voice and gesture, developing some into short pieces for performance. We will look at monologues both comic and dramatic as well as short ten-minute plays.

This class is for both talkers and listeners, writers and readers, actors and audiences. Some participants may like to develop a short ten-minute play for a Short and Sweet Festival. Tutor is available on 0409 191 148.

Venue is still being decided

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