

As a member of U3A Wonthaggi, you are entitled to enrol in courses throughout the year. Your annual membership fee of \$50 covers the cost of courses. Small extra charges for materials sometimes apply. You can join and enrol online by going to <https://u3awonthaggi.org.au/members/join>. Instructions for enrolling online are on our website at <https://u3awonthaggi.org.au/how-to-enrol-in-2021>. Most courses run at our premises at Wonthaggi; where indicated, others are run off-site. For information on other venues go to <https://u3awonthaggi.org.au/venues/>. Due to COVID restrictions, the number of members permitted in each course in 2021 is limited. Initially, all enrolments are waitlisted; members will be notified of the outcome of their enrolments before our planned February start-up.

U3A Wonthaggi Inc

PO Box 751 Wonthaggi Victoria 3996 | 239 White Road Wonthaggi Victoria

Phone: 0491 093 300 | Website: <https://u3awonthaggi.org.au>

General email contact: talktous@u3awonthaggi.org.au | Course enquiries contact: tutorhelp@u3awonthaggi.org.au

Art Group Tutor: Jenny McDonald	MON Weekly	10:00-12:30 Mawson Hut	This semi-formal class teaches the theory behind composition, design and colour & watercolour mixing. Teaching methods include demonstrations, exercises, and discussions about techniques. Term 1 begins with drawing exercises to help get hands and eyes back into focus, leading to growth in the individual's practice style.
Yoga & Movement Tutor: Dot Charles	MON Weekly	Weekly 10:00-11:00 Cape Paterson Hall	This course blends yoga and other forms of physical activity to help combat ageing. We flex joints, stretch muscles and improve coordination. <i>Requirements: a yoga mat and a water bottle.</i>
Mahjong Convenor: Carol Cox	MON Weekly	Weekly 1:30-4:30 Garden Room	Ideal for anyone who has, or wants to develop, an interest or passion for this ancient game of strategies, probabilities and luck. Beginners and experienced players are welcome.
Monday Book Group Convenor: Felicia Di Stefano	MON Monthly (last Mon)	2:00-4:00 Mawson Hut	We meet to discuss the chosen book each month in a relaxed, friendly atmosphere where all views and opinions are welcome. Members have an opportunity to select books at the start of the year.
Yoga & Movement Tutor: Dot Charles	MON Weekly	10:00-11:00 Cape Paterson Hall	This course blends yoga and other forms of physical activity to help combat ageing. We flex joints, stretch muscles and improve coordination. <i>Requirements: a yoga mat and a water bottle.</i>
Garden Club Tutor: Lorraine Carroll	TUE Weekly	9:30-11:00 Garden Room	After gardening at home, it is great to chat with others about it. There is always something happening in our gardens to share, and new and old gardening tips to pass around. Our group watches DVDs to see how it's done; we also swap plants & produce. Occasionally we visit gardens.
Philosophy Tutor: Ed Leszkiewicz	 TUE Weekly	11.15-12.45 Mawson Hut	We have all pondered seemingly unanswerable but significant questions about our existence—the biggest of all, being, "Why are we here?" This course provides the tools to follow and create logical arguments while exploring famous philosophers' viewpoints.
USA Civil War Tutor: Graeme Charles	TUE Weekly	11:15-12:45 Garden Room	The intention is to complete the course this term, looking at the last two years of the four-year conflict. NOTE: <i>This course commenced in 2019 and will conclude in Term 1. The course is open only to ongoing course members.</i>
Philosophy Tutor: Ed Leszkiewicz	 TUE Weekly	11.15-12.45 Mawson Hut	We have all pondered seemingly unanswerable but significant questions about our existence—the biggest of all, being, "Why are we here?" This course provides the tools to follow and create logical arguments while exploring famous philosophers' viewpoints.
Globalisation: The Good, The Bad & The Ugly Tutors: Bronwyn Miller & Maddy Harford	 TUE Weekly	1.30-3.00 Mawson Hut	Globalisation has been part of the landscape for a long time (think the Roman Empire). More recent events - in 2020 - have shone a light on how it directs so many aspects of our lives. This course will explore what we understand globalisation to be and its ramifications locally, nationally and internationally.

Fitness, Fun & Occasionally Food Convenor: Graeme Charles	WED Fortnightly	From 9:00 Various Start Points	This group is for active walkers wishing to explore South Gippsland. Walking time is usually about 2 hours, followed by lunch when possible. Some walks require driving for 30 mins to reach the start point; we can carpool for these journeys. Routes will be negotiated with group members. Contact convenor on 0411 422 557 or graemeicharles@gmail.com
Cryptic Crosswords Tutor: Bruce Cumming	WED Weekly	11:15-12:45 Mawson Hut	"I can't do Cryptic Crosswords"! We'll join our friendly class of beginners and experienced people, and learn the secrets of this fascinating world of words.
The Brain Tutor: Harry Freeman	WED Weekly	1.30-3.00 Mawson Hut	Everything you ever wanted to know about your brain and how it works.
Japanese for Beginners Tutor: Joan Hindle	THU Weekly	9:30-11:00 Garden Room	Join us for an interesting and effective beginners class in the Japanese language.
Walking Group Guide: Robert Butler	THU Weekly	9:30-10:45 U3A Car Park	Want to trek the local byways? Our friendly band of walkers enjoys good fellowship plus the benefit of regular gentle exercise. A range of walks, and an occasional cup of coffee or tea.
Recorder Consort Contact: Takwai Mak	THU Weekly	9:30-11:00 Mawson Hut	If you play the recorder and would like to make music with others, you are most welcome to join our dedicated group. We perform at local nursing homes and other venues.
Bocce Group Convenor: Gary Beard	 THU Fortnightly	10:00 Cape Paterson	Gary will run this new and fund activity if enough people are interested. There are Bocce links adjacent to the Cape Paterson Community Hall.
Craftaholics Convenor: Marion Kerry	THU Weekly	12:30-3:00 Mawson Hut	Drop-in, bring your current craft project, share expertise, and help each other while you work. This group is for anyone with twitchy fingers who loves to create or wants to get started.
Painting with Watercolours Convenor: Lyn Goodwin	THU Weekly	12:30-3:00 Mawson Hut	This self-support group gathers to share their interest and enthusiasm for painting with watercolours.
Shakespeare Tutor: Lyn Street	THU Weekly	1:00-2:30 Garden Room	This group reads the bard's plays together and discusses the characters, plots, and the impact of the author's time in history. 2021 begins with Romeo & Juliet. <i>Note: This second Shakespeare class will be run if enrolment for the Friday class exceeds the limit, and a good division can be arranged.</i>
Tai Chi Tutor: Mary Schooneveldt	FRI Weekly	9.30-10.30 Goat Island Gallery	Tai chi is a gentle but therapeutic form of exercise, based in Chinese traditions, involving slow movements & deep breathing. It has many physical and emotional benefits. <i>"Today, it's principally a tranquil, gentle and pleasurable means of attaining and maintaining health and harmony in mind and body, mobility, suppleness and mental alertness"</i> , Mir Han Jin Song, Tai Chi Australia's Founder & Chief Instructor
Current Affairs Convenors: Stephen Ward & Glenn Cant	FRI Weekly	9:30-11:00 Garden Room	This forum is an open discussion group where members are free to listen or express opinions on topics selected from local, national and international news.
Shakespeare Tutor: Lyn Street	FRI Weekly	11:15-1:30 Garden Room	This group reads the bard's plays together and discusses the characters, plots, and the impact of the author's time in history. 2021 begins with Romeo & Juliet.
Choir Convenor: Janet Allen	FRI Weekly	2:00-3:30 Anglican Church Inverloch	We love to sing songs from our extensive repertoire: it's relaxing and good for the soul. We also perform for many community groups.
Saturday Book Club	SAT Monthly (3rd Sat)	2:00-4:00 Inverloch	We meet to read and discuss books. The group is limited to 12 members as the library supplies the books in lots of 12.
Leisurely Lunches Convenor: Cathy & Gary Beard	SAT Monthly (Last Sat)	Times & Venues TBA	Our leisurely lunches activity will continue in 2021.